



Dr Sharadh Sampath

## **Please Join Us for the 3rd Annual BC Obesity Society Summit**

**Co-Chairs: Drs Sampath, Nguyen and Malik**

**Location: Richmond Golf and Country Club**

**Date: Saturday May 24<sup>th</sup>, 2014**



Dr Nam Nguyen

**This is the 3rd Annual Meeting for the BC Obesity Society  
(formally the BC Obesity Network).**

**The meeting will serve as a forum to connect surgeons,  
physicians, nurses and allied health professionals who have an  
interest in providing care to patients who suffer from  
morbid obesity in our province.**

**Expert speakers from around the province will cover a variety  
of topics on the subject of obesity management.**

**Space is limited to 150 participants.  
Last year's Summit sold out quickly!  
Please RSVP as soon as possible to  
[bcobesity@gmail.com](mailto:bcobesity@gmail.com)**



Dr Samaad Malik

**Registration closes May 15, 2014.  
To hold a space cheques and completed registration  
form must be received within 2 weeks of RSVP.**

**MOC Credits Pending**

## **Agenda**

### **Morning Session**

**Moderator – Madeleine Csillag-Wong**

#### **07:30– 08:00 Breakfast**

08:00 – 08:10 Introduction

- Dr Sharadh Sampath, President, BCOS

08:10 – 08:35 – Misadventures In Bariatric Surgical Tourism

- Dr Nam Nguyen, Bariatric Surgeon, Richmond Hospital

08:35 – 09:00 Post-surgical Nutritional Deficiencies

- Dr David Harris, Endocrinologist, Richmond Hospital

09:00 – 09:25 Starting the Conversation With Your Patient -

A Strategy For Family Physicians

- Dr Michael Lyon, Director Canadian Centre for Functional Medicine  
Medical Weight Management Centre

09:25 – 09:50 The Science Behind Diabetes Remission After Surgery

- Dr Jia Jia Ren, Endocrinology Fellow, Vancouver Hospital

09:50 - 10:15 Weight Regain After Surgery – Is Redo Surgery An Option?

- Dr. Bradley Amson, Bariatric Surgeon, VIHA

#### **10:15 – 10:35 Coffee**

10:35 – 11:00 Metabolic Surgery - Should We Lower BMI Criteria For Diabetes?

- Dr Priya Manjoo, Endocrinologist, VIHA

11:00 – 11:45 The CAPBS Strategy For Tackling Obesity In Canada

- Dr. Mehran Anvari, President CABPS, Invited Guest Speaker

#### **11:45 – 12:30 Lunch**

**BC Obesity Network Agenda**  
**Saturday, May 24, 2014**

**Afternoon Session**

**Moderator – Mary Flesher**

12:30 – 13:30 Break-out Sessions

1) Challenging Surgical Cases

Dr. Samaad Malik, Bariatric Surgeon, VIHA

2) A Bariatric Patient's Journey from a Dietitian's Perspective

Dr. Nooshin Alizadeh-Pasdar, Dietitian, Garratt Wellness Centre

Katilin Huston, Dietitian, Garratt Wellness Centre

Carla Beer-Carpenter, Dietitian, VIHA

3) Keeping Your Patient Motivated

Jonathan Cheung, CSEP-CEP, Garratt Wellness Centre

Valerie Guevera, MOT, Garratt Wellness Centre

13:30 – 13:55 Real Life Experiences With Weight Loss Diets...

The Bumpy Road to Bariatric Surgery

- Dr. Nooshin Alizadeh-Pasdar, Dietitian, Garratt Wellness Centre

13:55 – 14:20 The Sleeve vs. Bypass Debate- Is There Really A Difference?

- Dr Ben Mathews, Resident, Vancouver Hospital

**14:20 – 14:40 Coffee Break**

14:40 – 15:05 Obesity Related OSA – Prospects For Cure With Bariatric Surgery

- Dr. Iqbal Ahmed, Respiriologist, Richmond Hospital

15:05 – 15:30 Integrating Surgical And Medical Weight Loss Centres

- Veronica Kacinik, Dietitian, Canadian Centre for Functional Medicine

Medical Weight Management Centre

15:30 – 15:55 Changeways – How Does CBT Help Obese Patients?

- Karen Barclay, Program Manager, Community Mental Health Services, VCH

15:55 – 16:10 Concluding Remarks

- Dr Sharadh Sampath, President, BCOS

## Registration Form

Space is limited to the first 150 attendees! Registration closes May 15, 2014.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Title: Dr \_\_\_\_ Mr \_\_\_\_ Mrs \_\_\_\_ Ms \_\_\_\_ (✓) check mark

Institution: \_\_\_\_\_ Specialty: \_\_\_\_\_

Student: Institution: \_\_\_\_\_ Specialty: \_\_\_\_\_

Food Restrictions (if any) \_\_\_\_\_

Email address: \_\_\_\_\_

Would you like to be added to our contact list? Yes \_\_\_\_\_ No \_\_\_\_\_

*Please make your cheque for \$75 payable to the BC Obesity Society (Student rate is \$40. Please register as a student-above)*

**Mail your cheque and registration form to:  
Cheques payable to BCOS.**

**BC Obesity Society  
207-6051 Gilbert Road  
Richmond, BC, V7C 3V3**

**N.B. Cheques must be received within two weeks of RSVP. Unfortunately, we cannot accept cash or credit cards at this time**